

College Options Foundation® presents:



# ALL AMERICAN ACADEMIC BOWL™

## 2016-2017 All American Academic Bowl

**Register a team to participate in this challenging Academic Competition!**

There are many benefits of participating in the Academic Bowl including:

- Improve SAT/ACT scores
- Increase interest in college admissions
- Participate in a national competition without traveling

### Dates of Competition

|                     |   |
|---------------------|---|
| October 1-25, 2016  | Practice Test for Level I (open to all students!) |
| November 1-20, 2016 | Team Registration                                 |
| November 1-20, 2016 | Level I   |
| February 1-15, 2017 | Level II  |

#### NOTES:

- All students are encouraged to participate in the Practice Test (free of charge). It is a great way to assess college test readiness.
- There is a one-time fee of \$50 to participate in the online **team competition**, which covers both Level I and Level II (if your team qualifies to advance to Level II). To register and pay, go to [www.cofcontests.com](http://www.cofcontests.com).
- Teams with scores in the top 50% in Level I will advance to Level II (no additional fee required).
- A student may not participate on more than one COF sponsored academic or leadership team. A student may participate on either a JROTC Leadership Team (Army only), a JROTC Academic Team (Army, Marine Corps, Navy, Air Force, Civil Air Patrol) or an All American Academic Bowl Team.
- If your school is prone to winter storms and school closings, please do NOT wait until the last day to compete. Deadline extensions will be granted on a limited basis.

## Competition Website

**COF Contests** – To register and participate in the Practice Test, Level I, and Level II, go to [www.cofcontests.com](http://www.cofcontests.com).

## How to Assemble an Academic Team

- Academic Team = 4 members
- Team members may be Juniors (11<sup>th</sup> grade), Sophomores (10<sup>th</sup> grade) or Freshmen (9<sup>th</sup> grade)
- NO seniors may participate

Each team should consist of **four students** – they may be freshmen, sophomores or juniors. Seniors may not be included on the team.

### Selecting Team Members

Teachers may assess and select potential team members using the following criteria –

- Peer selection boards (e.g. interviews, essays)
- Teacher or school recommendations
- GPA
- Performance on the Practice Test (details below)
- Overall enthusiasm for the competition

### **PRACTICE TEST (October 1-25)**

**The Practice Test is taken individually, not as a team**, and consists of 25 questions similar to those questions in Levels I and II. There is NO charge for the Practice Test and it is open to all students. The Practice Test may be taken at an internet-accessible computer either in the classroom, at home, in the library, or other location. Students should logon to [www.cofcontests.com](http://www.cofcontests.com), select All American Academic Bowl, register and take the test. COF does not retain Practice Test scores. **It is up to each teacher sponsor to review the scores and determine members of the team.**

## How to Prepare the Team

One of the main goals of the All American Academic Bowl is to prepare students for state exit/graduation exams as well as college entrance exams, such as the SAT and ACT. A few questions about current events are also included – focusing on national and international news, particularly international relations, politics, business, and science. All of the current events questions will be taken from major media available on television, the internet, and in daily newspapers (see suggested resources below).

Both Level I and II include 90% SAT/ACT-type questions and 10% current events questions.

We encourage all students, whether they are on the academic team or not, to prepare for the ACT, SAT, and ASVAB tests by reviewing English, Science, and Math coursework. There are several resources available, free-of-charge, to all students.

Websites to review include:

[www.cofcontests.com](http://www.cofcontests.com) – practice questions developed by COF  
[www.cofcontests.com](http://www.cofcontests.com) – online SAT and ACT guides  
[www.number2.com](http://www.number2.com) – a free test prep website  
[www.march2success.com](http://www.march2success.com) – a free test prep website  
[www.khanacademy.org](http://www.khanacademy.org) – a free website with math, history, and science lessons  
[www.foxnews.com/index.html](http://www.foxnews.com/index.html) - FOX News  
[www.cnn.com/studentnews/](http://www.cnn.com/studentnews/) - CNN Student News  
[www.npr.org/](http://www.npr.org/) - National Public Radio  
[www.reuters.com/](http://www.reuters.com/) - Reuters  
[www.usatoday.com/](http://www.usatoday.com/) - USA Today Newspaper

## How to Register the Team

Team registration is open **Tuesday, November 1 – Sunday, November 20 at [www.cofcontests.com](http://www.cofcontests.com)**. All teams, regardless of previous participation, must register using a User ID and Password. The teacher should click on All American Academic Bowl and then select Registration. It will take approximately 15 minutes to answer a few required questions to register your team. The team must be registered prior to competing in Level I. We suggest that each teacher register his or her team before the team is ready to participate in Level I. We strongly encourage all teams to register and participate before the last day of competition.

**Please be prepared to answer the following questions when registering:**

High School Name, Address, Phone Number

Teacher Name, Email Address, Phone Number (office and cell)

Cadet Names, Grade, Gender, GPA, Email Address

High School Demographics – Number of students, Number in Free Lunch Program, Type of School (suburban, rural, private, public, etc.)

**\* Be prepared to create a User ID and Password to use throughout this year's competition and keep it in a secure place for future reference.** Payment will be tied to your team's User ID and Password.

**Registration Fee:** There is a fee of \$50 per team to cover administrative expenses. The fee permits teams to compete in Level I and Level II (if the team qualifies to advance to Level II). To pay with a credit card, go to [www.cofcontests.com](http://www.cofcontests.com) during registration (November 1-20).

To pay by check, please send a check or money order (payable to College Options Foundation) to:

College Options Foundation  
ATTN: Emily Donahue  
115 Lloyd Avenue  
Tyrone, GA 30290

**\*Please be sure to include the competition name (AAAB), teacher's name, school name, city, state, contact phone number, and your User ID and Password (created during Registration) with your check.**

## How to Participate in Levels I and Level II (online)

1. The teacher or team captain should logon to [www.cofcontests.com](http://www.cofcontests.com)
2. Select the All American Academic Bowl
3. If the team has not registered, click on Team Registration (see instructions above)
4. Select **Level I** (November 1-20)
5. Enter your User ID and Password; your high school name should appear
6. Follow directions on that page and begin the competition
7. Level I consists of approximately 75 questions and takes approximately 1 hour to complete. **Level I is a TEAM event** – all students on the team should sit at one computer and answer questions as a team.

You will be notified if your team advances to **Level II** (February 1-15). You will follow the same procedure, using the same User ID and Password (no additional fee), to participate.

**Keep your User ID and Password for this year's use.** If you misplace your password, you may go to [www.cofcontests.com](http://www.cofcontests.com) and select All American Academic Bowl, then select For Teachers, then select Retrieve Your Team User ID and Password.

## Official Rules of the Online Competition

1. The designated point of contact should be a teacher with access to email. Most correspondence with teams is through email; therefore, it is essential that teachers check their email and respond as soon as possible. Foundation staff is also available by phone for questions or concerns. (1-888-576-8287 or [edonahue@collegeoptions.net](mailto:edonahue@collegeoptions.net))

2. A student may not participate on more than one COF sponsored academic or leadership team. A student may participate on either a JROTC Leadership Team, a JROTC Academic Team (Army, Marine Corps, Navy, Air Force, Civil Air Patrol) or an All American Academic Bowl Team.
3. The team may include juniors, sophomores, and/or freshmen. No seniors may participate in the Academic Bowl.
4. Level I and Level II are internet-based competitions. The team must have high speed (DSL, cable, etc.) internet access.
5. Level I and Level II each require approximately one hour to complete. **Once a team has logged in, there is no ability to stop and start over. The competition must be completed in one sitting.**
6. No one is allowed in the room during the competition except for the 4 members of the team and one teacher who will act as proctor for the test. Teachers may not assist the team with questions during the test.
7. No outside sources or other electronic devices (cell phone, additional computer, dictionary, thesaurus, text book, newspaper, etc.) are allowed. Calculators, pens/pencils, and scratch paper are permitted.
8. No communication about the competition with other Academic teams or schools is allowed. Teams are not permitted to discuss the questions or design of the competition with anyone outside of the team members and teachers.
9. All scores will be sent to the Foundation's server automatically. If a team believes there has been an error in scoring, the team must contact the Foundation via phone or email within 12 hours of completion of their participation (upon finishing the test). A written explanation of the problem will be required and should be sent via email ([edonahue@collegeoptions.net](mailto:edonahue@collegeoptions.net)).
10. If your team qualifies to advance to Level II, and your school is prone to winter storms and school closings, please do NOT wait until the last day to participate. Deadline extensions will be granted on a very limited basis
11. If there is an electrical outage or other technical difficulty during the competition, the team must contact the Foundation via phone or email within 12 hours of the difficulty. A written explanation of the problem will be required and should be sent via email ([edonahue@collegeoptions.net](mailto:edonahue@collegeoptions.net)).
12. The All American Academic Bowl relies on the adherence by all teams to core values of Academic integrity. The Foundation expects that all team members and teachers will abide by all rules.
13. Finally, we believe the **Number 1 rule in this competition is...Have Fun!** We hope you enjoy this challenge.