

JLAB 2019 JROTC UNIT BEST PRACTICE

<u>Date:</u> 5/24/19	<u>School:</u> North Side High School	<u>School Address:</u> 2211 Mckinley Ave. Fort Worth, TX 76164
<u>JROTC Unit Name:</u> Steer Battalion	<u>Unit Telephone Number:</u> 817-814-4047	<u>Unit Email Address:</u> raul.padilla@fwisd.org
<u>JLAB Team Member Names:</u> C/SFC Allan Zuniga, C/SFC Keyara Morris, C/PFC Angel Vargas, C/CSM Angel Goss (CDR)		<u>Name of SAI/AI:</u> Major Padilla
<u>JROTC Unit Best Practice (one per form only):</u> Raider		
<p><u>Discussion</u> (The who, what, when, where and how of the Best Practice, e.g., components of the function, organization (staff responsibilities, command and control), resources needed (money, people, supplies, transportation, and equipment) timeline from planning to completion, etc.):</p> <ul style="list-style-type: none"> • Our JROTC raider team is one of the most successful teams we have at our school. We have won the district title for the 5th year in a row and have placed in other state competitions. • We have 2 or 3 teams and they are male, female, and sometimes a Co-ed team. The teams are composed of 8 to 10 members on each team. • One of the first things we do is select a commander and a co-commander for the male and female teams. • We start practices during the summer before the school starts. Practices usually begin around the end of July. • We have the first meeting the second week of school which is mainly used to recruit and inform the cadets expectations. • We conduct practices 2 to 3 times a week between 4 and 5:30 P.M. • During practice we have a variety of workouts which include the weight room, rope bridge, litter carry, logistics/ obstacle events, and long distance running on the track and the trails. • We have purchased rope, D- rings, litters, rucksacks, climbing rope, harnesses, to ensure we practice with all of the equipment required for competitions. • Each cadet is evaluated every two weeks on the number push-ups, curl-ups, pull-ups, and 1 mile run. Everyone is ranked based on their performance which gives cadets motivation to improve so they can be in the top 8 or 10 so they can make the primary team. • Cadets are issued ACU's and must wear them once a week for practice usually for rope bridge operations. • We're the only team in Fort Worth that travels to San Antonio to compete. The cadets enjoy traveling to San Antonio for 2 days in which they visit the Alamo, and the local bases. • We do cookouts for the Raider team during lunch and after school to improve morale. • We conduct Steer Camp where the Raider team is able to practice before the competition. • We have an end of the year party and this year we went to Main Event to bowl and play games in which the SAI recognizes the senior commanders by giving them a shadow box. • The winning tradition gives the new upcoming members to accept the challenge of maintaining the winning tradition. 		

We all do some things better than others. Likewise, some JROTC units are better at some things than other JROTC units. We call those Best Practices. We think that the “best” best practices come from the best units. If your unit’s day-to-day performance is a reflection of your accomplishments on JLAB Level I and Level II, and we think that it is, then we believe your unit to be among the best. We want you to tell us about your best practice(s). Complete and submit this form on one or more of your unit’s best practices. Use a separate form for each Best Practice. Be detailed in your report so that the other 3,400+ JROTC units in the country with whom we will share it can read and execute it without questions! This report form is designed to expand as you type. It should accommodate your report without attachments. Should that not be the case, submit your report(s) in a format that works for you. Please name your file with your school name.

Below is a non-all-inclusive list of possible unit best practices.

- | | |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> • Academic Team • Drill Team • Orienteering Team • Raider Challenge Team • Rifle Team • Color Guard • Marksmanship Training • Awards Ceremony • Awards support from outside organizations • Cadet retention in JROTC | <ul style="list-style-type: none"> • Fundraising • Leadership Team • JCLC • Service Learning/Community Service • Military Ball • Cadet Commander and Staff Organization and Functions • Cadet Scholarships • Technology support of unit from school and community • Educational and Orientation Trips • Cadet Challenge |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

THIS IS NOT A GRADED ASSIGNMENT BUT IT IS REQUIRED FOR YOUR TEAM TO COMPETE IN THE CHAMPIONSHIPS.