

## JLAB 2019 JROTC UNIT BEST PRACTICE

<u>Date:</u> 05/14/19	<u>School:</u> Flowing Wells	<u>School Address:</u> 5725 North Flowing Wells Roads Tuscon, Az 85705
<u>JROTC Unit Name:</u>  Flowing Wells JROTC	<u>Unit Telephone Number:</u>  520-696-8074	<u>Unit Email Address:</u>  tracy.anthony@fwusd.org
<u>JLAB Team Member Names:</u>  Fricke, Spence, Armenta, De La Rosa Avila	<u>Name of SAI/AI:</u>  1SG Schwartzkopf	

JROTC Unit Best Practice (one per form only): Raiders Challenge Team

Discussion (The who, what, when, where and how of the Best Practice, e.g., components of the function, organization (staff responsibilities, command and control), resources needed (money, people, supplies, transportation, and equipment) timeline from planning to completion, etc.):

Our Raiders Challenge team is composed of 12-14 actively competing cadets as well as 31 total raiders that are trained to compete in raiders competitions around the state of Arizona. The team has accomplished at every competition they attended by placing first and ultimately placing first in the Arizona CHU state raiders competition. The raiders challenge team is, in our belief, one of our Battalion best practice due to its ability to succeed in its mission in competing as well as motivating cadets to develop discipline, determination, and a desire to lead an active and healthy life. The raider's team practices every morning from 0630 to 0730 throughout the entire school year as well a week in the summer. The team trains by preforming a mixture of physical training including strength, speed, and circuit training as well as technical training in one rope, knot work, and orienteering. Our team is completely cadet led, being run by our raiders commander C/Major Ryan Coleman who leads our workouts and activities only being supervised by our SAI Captain Bobby Edwards. To preform raider's functions the team is extremely minimalistic, only needing funds Transport, which is the bus for cadets, and a van to bring our gear up for the team, and food. To be able to compete we need a minimum of 10 cadets, two of which being female, but the team has 31 members actively ready to compete. The gear needed for the team to preform is our ropes for Swiss seats, carabineers, gloves, a one rope, ACU's, and canteens. Any other gear such as weights and water jugs are not necessary but instead merely a vessel to help the team preform to the best of its abilities. The teams largest competition is the Arizona State Raiders Chu Competition composed of two parts: CHU 1 and CHU 2. The competition starts in early September and the second CHU 2 happen in early November. From the start of the year we follow the LOI for our events training daily to have skill in each and every event as well as general strength and speed training. From there it Is a simple means of traveling to our competition and showing what we have practiced time and time again.

- Academic Team
- Drill Team
- Orienteering Team
- Raider Challenge Team
- Rifle Team
- Color Guard
- Marksmanship Training
- Awards Ceremony
- Awards support from outside organizations
- Cadet retention in JROTC

- Fundraising
- Leadership Team
- JCLC
- Service Learning/Community Service
- Military Ball
- Cadet Commander and Staff Organization and Functions
- Cadet Scholarships
- Technology support of unit from school and community
- Educational and Orientation Trips
- Cadet Challenge

**THIS IS NOT A GRADED ASSIGNMENT BUT IT IS REQUIRED FOR YOUR TEAM TO COMPETE IN THE CHAMPIONSHIPS.**